

# Biometric Health Screening Information

from [partnersforhealthtn.gov](http://partnersforhealthtn.gov)

In 2016, a biometric screening is required of all members enrolled in the Partnership PPO and Wellness HealthSavings CDHP (EMPLOYEES AND COVERED SPOUSES). The screening includes height, weight, blood pressure and waist circumference. A sample of your blood is also collected to determine blood sugar, cholesterol levels and other factors that can lead to lifestyle-related health complications. The biometric screening is different from the Well-Being Assessment (WBA).

## COMPLETING A BIOMETRIC SCREENING (TWO OPTIONS):

### 1. ONSITE SCREENING:

The onsite screenings will be held on Friday, April 22, 2016, in the Conference Room at the Department of Finance from 6:00 a.m. - 10:00 a.m. & 11:00 a.m. - 1:30 p.m. and require registration.

Important: Whether you choose to complete the biometric screening at your doctor's office or onsite at the Department of Finance, YOU MUST REGISTER to have your information uploaded into the system at:

<https://my.onsitehd.com/restricted/signup/tn>

When registering for you and/or your covered spouse's screening at follow these instructions:

1. Click on "Register Now".
2. Enter your Member ID. Your Member ID is your ID number on your Caremark Card.
3. Enter your information; Save & Continue.
4. Choose to have an onsite screening, or to download the Physician Screening Form.
5. If you chose onsite screening, enter zip code 38225 and choose the Weakley Co. Dept. of Finance.
6. Select a time and click "Schedule".
7. You'll see confirmation of your registration. Print or write it down - just remember your scheduled time!
8. You'll need to fast 9 hours prior to your appointment. Drink plenty of water, and if you choose to have coffee or tea, make it black.

### 2. SCREENING AT YOUR PHYSICIAN'S OFFICE (OFF-SITE):

- Refrain from eating food and drinking anything with sugar for at least 9 hours before your scheduled screening.
- You must download and print your Physician Screening Form from the Onsite Health Diagnostic (OHD) website; your Physician Screening Form will not be e-mailed. Get that form when you register here: <https://my.onsitehd.com/restricted/signup/tn>
- Make sure you measure and write your waist circumference on your Physician Screening Form.
- The doctor will need to complete your form. If the form is not complete, your form will not be processed.
- Both you and your physician must sign and date the form.
- Forms will be processed by Onsite Health Diagnostics (OHD), the vendor Healthways has partnered with OHD to manage the screening form process.
- You or your doctor must fax, mail or upload it to OHD by the July 15, 2016, deadline. Fax the form to 972.823.0684 Mail to: Onsite Health Diagnostics, Attn: Results Dept., 1199 S Belt Line Rd. Ste 120, Coppell, TX 75019

TIP: Healthways will accept screening results from a doctor's visit [annual physical] between July 16, 2015, and July 15, 2016.

For all questions about the biometric screening requirement, call Healthways Wellness and Nurse Advice Line anytime at 1-888-741-3390, M-F from 8:00 a.m. – 8:00 p.m. or email them at [partnersforhealth@healthways.com](mailto:partnersforhealth@healthways.com).