

The County **BEAT**

Bringing Employees Answers Today

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New EAP

Employee Assistance Program

Beginning January 2005, Magellan Health Services will be the company providing employee assistance program, mental health and substance abuse benefits for all Weakley County insurance program participants and their eligible dependents; replacing United Behavioral Health. Members can get help for substance abuse and mental health concerns, family or parenting issues. The program is easy to use, convenient, and confidential. Call Magellan toll-free at 800-308-4934. If you need immediate assistance, members of Magellan's clinical staff are available 24 hours a day. The EAP provides up to six short-term counseling sessions per problem episode at no cost to the participant.

County Government Holidays

1/17/05 Martin Luther King's Birthday
02/21/05 President's Day
03/25/05 Good Friday
05/30/05 Memorial Day
07/04/05 Independence Day
09/05/05 Labor Day
11/11/05 Veterans' Day
11/24, 25 Thanksgiving
12/22, 23, 26 Christmas
01/2/06 New Years

Weakley County
Department of Finance
8319 Highway 22 Suite B
Dresden, TN 38225
Shawn Francisco,
Director of Finance

Retirement Planning

Are you on your way to making a difference in your financial future? Most experts agree you may need 75% to 90% of your current income at retirement. What happens if you come up short? Consider joining a deferred compensation program. The county offers automatic payroll contributions to 457(b) plans. Contact the Department of Finance for an application.

Easy Ways to Reduce Stress

- *Take up a new hobby
- *Prepare for the morning the night before
- *Help someone less fortunate
- *Look at challenges as opportunities
- *Get to work early
- *Don't say negative things

NEW TRAVEL RATES

Effective November 1, 2004, travel rates for the following destinations have been revised to the following:

Shelby County, Davidson County, Gatlinburg: Maximum Lodging is \$75 and Maximum Meals and Incidentals is \$38 per day and \$28.50 on the traveling days.

Pigeon Forge: Maximum Lodging is \$75 and Maximum Meals and Incidentals is \$31 per day and \$23.25 on the traveling days.

Knox, Hamilton, Sullivan and

Williamson Counties and Johnson City: Maximum Lodging is \$65 and Maximum Meals and Incidentals is \$31 per day and \$23.25 on the traveling days.

All counties not listed above: Maximum Lodging is \$60 and Maximum Meals and Incidentals is \$31 per day and \$23.25 on the traveling days.

Effective January 1, 2005 the standard mileage rate is \$0.38 per mile.

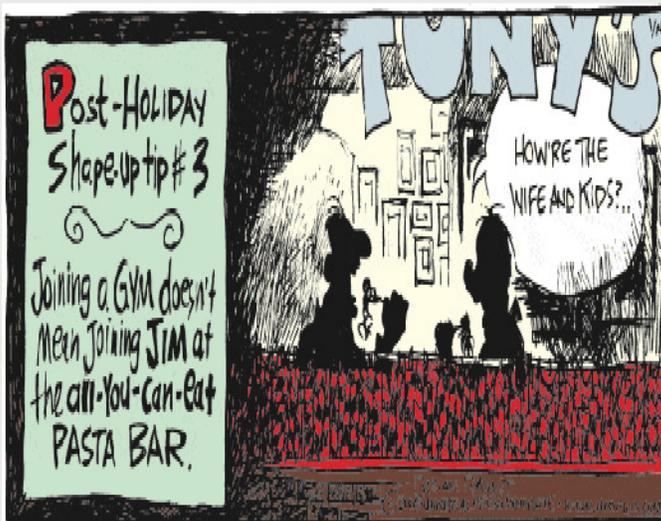
Spotlight on District 1

David Rook was elected to the Weakley County Commission in August 1994 to serve the people of the 1st District. He was then reelected in 1998 and in 2002, running on the Democratic ticket.

Commissioner Rook represents the northeastern part of the county, which includes Dukedom, Latham, Palmersville, as well as some parts of Dresden, Gleason, and Cottage Grove.

His wife, former Vicki Collins, is the secretary at Dresden Middle School. They have been married for 25 years and have three children.

A FUNNY FOR YOUR DAY



Questions and Answers

If any employee has any questions they would like addressed in future newsletters, please forward them to franciscos@k12tn.net.

Q: How do I change my direct deposit information?

A: Send the Department of Finance a new, completed direct deposit form within 7 days of your scheduled payroll date. Request may be faxed to 731-364-3858 or mailed to the address on the front of this document. Forms are available at the county website.