



The County BEAT
Bringing Employees Answers Today

2010 Health Insurance Rates

Board of Education Employees

The premiums increased 4% for both plans.

	Employee Share	County Share	Total
Cigna Health Care Single	\$109.74	\$329.23	\$438.97
Cigna Health Care Family	438.08	657.57	1,095.65
Blue Cross Blue Shield Single	119.75	359.24	478.99
Blue Cross Blue Shield Family	477.97	717.47	1,195.44

General Fund & Highway Department Employees

The premiums increased 3% for the PPO and POS plans.

	Employee Share	County Share	Total
Cigna Health Care Single	\$133.28	\$399.78	\$533.06
Cigna Health Care Family	532.20	798.70	1,330.90
Blue Cross Blue Shield Single	138.68	416.02	554.70
Blue Cross Blue Shield Family	553.88	831.20	1,385.08
Blue Cross Blue Shield Single Ltd	87.36	262.10	349.46
Blue Cross Blue Shield Family Ltd	348.92	523.66	872.58

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SPOTLIGHT ON EMPLOYEES



Trish Price has been employed by Weakley County since August 1993. She has recently been hired as the principal of Gleason School.



Shawna Randolph has been employed by Weakley County since January 1996. She currently works as a dispatcher in the 911 Office..

Weakley County
 Department of Finance
 8319 Highway 22 Suite B
 Dresden, TN 38225
 Shawn Francisco,
 Director of Finance

2010 Holidays

Friday	01/01/10	New Year's Day
Monday	01/18/10	Martin Luther King's Birthday
Monday	02/15/10	President's Day
Friday	04/02/10	Good Friday
Monday	05/31/10	Memorial Day
Monday	07/05/10	Independence Day
Monday	09/06/10	Labor Day
Thursday	11/11/10	Veteran's Day
Thursday	11/25-26/10	Thanksgiving Day
Wednesday	12/22-24/10	Christmas

A FUNNY FOR YOUR DAY



SPOTLIGHT ON EMPLOYEES



Years active in Weakley County Schools: 23 Yrs

Occupation: Director of Schools

The hardest thing I've ever done:

Take 27 hours one quarter in college

Three people (living or dead) I'd invite to dinner:

Jesus, my mother, my wife

A dream I have is to:

To play golf at Pebble Beach

The most adventurous thing I've ever done is:

Night fishing on the Mississippi River

My favorite way to relax is:

Watching sports on television

I'm most proud of: My wonderful family &

Winning 3 state championships

My favorite meal is: Mexican

The last book I read was:

Quiet Strength by Tony Dungy

My favorite movie is: Hoosiers

My favorite music is: Country

My hobby is: Playing golf

Health Corner

H1N1-SWINE FLU TIPS

While you are still healthy and not showing any symptoms of H1N1 infection, in order to prevent aggravation of symptoms, here are some very simple steps that can be practiced:

1. Frequent hand-washing.
2. "Hands-off-the-face" approach.
3. Gargle twice a day with warm salt water or clean your nostrils with warm salt water either by a Neti Pot or swabbing both nostrils with cotton q-tips in warm salt water. *H1N1 takes 2-3 days after initial infection in the throat/nasal cavity to show symptoms. Don't underestimate this simple, inexpensive and powerful preventative method.
4. Boost your natural immunity with foods that are rich in Vitamin C.
5. Drink as much of warm liquids as you can. Drinking warm liquids has the same effect as gargling but in the reverse direction.

Spotlight on District 6

Easy Recipes

GRAPE SALAD

- 1 lb. green grapes
 - 1 lb. red grapes
 - 8 oz. cream cheese, softened
 - 8 oz. sour cream
 - 1/2 cup sugar
 - 1 tsp. vanilla
 - 1 (6 oz) slivered almonds
- Mix cream cheese, sour cream, sugar & vanilla until very smooth. Mix grapes into mixture until coated. Fold in the almonds. Can top with brown sugar and nuts.



Earl Wright was elected to the Weakley County Commission in 1978. He currently serves on the Finance, Ways & Means Committee, Public Safety Committee, and the Rules Committee.

He represents the citizens of Martin, where he resides with his wife Jenna. They had a daughter Lee Amanda "Mandy" who died of leukemia at St. Jude and they have a son Earl Isaac "Zac" who lives in Little Rock, Arkansas.

Questions and Answers

If any employee has questions they would like addressed in future newsletters, please forward them to franciscos@k12tn.net.

Q: What day do we get paid on?

A: If you are a teacher, secretary or nurse, you will be paid on the following days:

Dec. 15, 2009	March 15, 2010	June 15, 2010
January 15, 2010	April 15, 2010	July 15, 2010
February 12, 2010	May 14, 2010	August 13, 2010

All other employees will be paid on the following days:

November 30, 2009	January 29, 2010	March 30, 2010	May 28, 2010
December 30, 2009	February 26, 2010	April 30, 2010	June 30, 2010

Highway Department will be paid bi-weekly.

Visit the county website at www.weakleycountyttn.gov