



The County BEAT

# Bringing Employees Answers Today

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## Caremark Pharmacy Information



### Caremark Pharmacy Cards

If an employee's dependents did not receive their own personalized prescription cards, they can use the employee's card. The ID numbers for all members of the household are the same and they can use any card until they receive their own. Also, members who haven't received their prescription card can request a new one from Caremark by calling 1-877-522-TNRX (8679). Once the request is made, it will take five to seven days to get the new one in the mail. For members who won't receive their new card by July 1 and need immediate access to their benefits, three options are available:

- A call center representative can walk them through the online process of printing a temporary card.
- Someone from Caremark can contact a member's pharmacy directly to authorize a prescription.
- A member's pharmacist can call Caremark to request authorization for a prescription.

### Diabetic Medications and Supplies

Members will continue to have no co-pay for generic (Tier 1) and preferred brand (Tier 2) oral diabetic medications, insulin and supplies through December 31, 2010. Non-preferred brand medications, insulin and supplies will continue to have a \$75 co-pay (30 day supply) or \$100 (90 day supply) co-pay.

### ParTNeRS for Health Website

The new website focusing on plan redesign is up and running. The url is [www.partnersforhealthtn.gov](http://www.partnersforhealthtn.gov).

## Weakley County 911 Director Receives National Attention



Weakley County Emergency Communication District Director Jamison Peevyhouse has been named to the National Emergency Number Association (NENA) Institute's Board of Directors to represent the Southeast Region of the United States. Peevyhouse is one of 13 individuals in the U.S. and Canada selected to serve on this Board.

"I'm honored and humbled to be selected by my peers to serve in this important, national role," Peevyhouse said. "The 9-1-1 industry has given me true fulfillment through service to others. I look forward to sharing my knowledge and learning from others across the nation."

Peevyhouse has served as Director of Weakley County 9-1-1 for the past three years and has worked for the District for twelve years. He began working with 9-1-1 immediately after high school and has developed a deep passion for serving the public and emergency responders from behind the headset. He has served as West Region Representative on the Tennessee Emergency Number Association (TENA) for four years.

"We are delighted to have one of our own on this important national board," said Tennessee Emergency Communications Board (TECB) Chair Randy Porter. "It's a testament to the great work Jamison is doing and to Tennessee's national status in the 9-1-1 community."

The NENA Institute is an arm of NENA and serves to support the activities of NENA and its members by raising and maintaining professional standards in the field of emergency number management.

The TECB was created by the General Assembly in 1998 to assist ECDs' boards of directors in the areas of management, operations and accountability, with the goal of establishing reliable emergency communications for all citizens of the state. It's a successful formula; in 2005, Tennessee became the third state in the nation to become Phase II ready, meaning a 911 operator can obtain a wireless caller's number and location information. In 2005, Tennessee received an award from the Congressional E911 Institute for having the nation's best state system.

**SPOTLIGHT ON EMPLOYEES**



**Deputy Josh Rogers** and His wife Lisa, became the proud parents of twin girls (Adison Gracel 1b 10 oz. and Avery Faith 1 lb 9 oz.) on Father's Day (June 20, 1020). They were born in Nashville at Centennial Hospital. The girls will be in the NICU for some time to come. Please keep them in your prayers. Deputy Rogers has been employed by the Weakley County Sheriff's Department since April 1, 2006.



**Dale McLeod** has been employed with the Weakley County Property Assessor's Office since October 1986. She is the Chief Deputy in charge of Personal Property.

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Department of Finance  
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Shawn Francisco,  
Director of Finance

Visit the county website at [www.weakleycountyttn.gov](http://www.weakleycountyttn.gov)

**1. Get rid of debt.** Nothing is more destructive of retirement than carrying debt when your paycheck stops. Start debt reduction now. Try to prepay your mortgage, too, so you'll own your home free and clear.

**2. Build a better budget.** When you're thinking about retirement nothing is more important than knowing how far your income will stretch. What will your expenses be? How much income will you have, including prudent withdrawals from your savings? Get your spending under control sooner rather than later. The longer you kid yourself, the greater the chance of running out of money.

**3. Increase your savings.** Save, save, save—even if it means changing your lifestyle.

**4. Keep your job, if possible.** Every extra year of work improves your Social Security benefit, increases your savings (assuming you save) and reduces the number of years that your nest egg has to last. It might bring you health insurance too.

**5. Do whatever you can to keep health insurance.** If your company offers retiree coverage, don't even think of moving to another city or state until you find out if you can take your coverage with you.

**6. Be smart about Social Security.** Draw from your 401(k) or IRA first, and claim Social Security benefits later. If you can wait until you are 70, your check will be about 76% higher than if you had started at 62, and will improve the protection of your spouse as well.

**7. Annuities.** When you're retired, there's nothing like receiving a regular check. One way to get it is with an immediate annuity. You take a sum of money and use it to buy an income for life. Your state of health doesn't matter. The fixed payments are based entirely on your age and type of benefit you want.

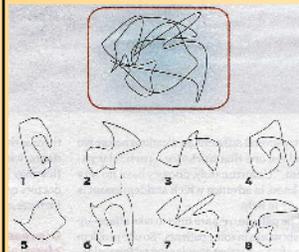
The average price for regular gasoline in the United States is about \$2.85 a gallon, so it's no wonder people are trying to get the most out of each tank. The Department of Energy says consumers can do plenty to save on gas. Start with the way you drive. While each car has its own speed for optimal fuel economy, most use more gas above 60 mph. Speeding and rapid acceleration can burn up to 33 percent more gas on the highway. Keeping your car tuned up can save you about 4 percent in gas usage, and keeping your tires at proper pressure can save around 3.3 percent. Even using the recommended grade of motor oil can mean a 2 percent savings. For more on saving gas, visit [www.fueleconomy.gov/feg/drive.shtml](http://www.fueleconomy.gov/feg/drive.shtml).

## Puzzles

Test your memory. Complete the following movie titles with the missing word.

1. Sophie's \_\_\_\_\_
2. The Safety of \_\_\_\_\_
3. Lawrence of \_\_\_\_\_
4. The Tex as Chainsaw \_\_\_\_\_
5. Bad Day at Black \_\_\_\_\_
6. The Unbearable Lightness of \_\_\_\_\_
7. Unfaithfully \_\_\_\_\_
8. Calendar \_\_\_\_\_

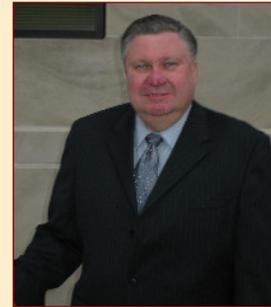
Find which 3 figures from the numbered group below that make up the large picture at the top.



2	7		1	8		
6	5				7	
		2			3	5
		8	2			4
	3	8			1	6
7			3	6		
3	2			4		
		4			6	3
		6	8		4	9

## Spotlight on District 9

Jimmy Westbrook is one of the longest serving members of county government. First elected as a member of the Weakley County Quarterly Court in 1974, he continues to serve as a county commissioner, leaving the position for one term during that 35 year span. Commissioner Westbrook has worked as an auditor and audit supervisor with the Division of County Audit of the State Comptroller's office for 10 years, served for 13 years as Executive Director of the UT County Technical Assistance Service and another 14 years as Executive Director of the Tennessee County Highway Officials Association before his retirement in 2002. In addition to serving on the Transportation Committee for the National



**James H. Westbrook, Jr.**

Association of Counties, Westbrook serves the county commission as the chair of the Health, Education, Economy Development Committee and Rules Committee. He also serves on the body's Finance, Ways, & Means Committee and Financial Management Committee.

In 2009-10 he is serving his second term as President of the Tennessee County Commissioners Association,

having also served as President in 1985-86. He is a Board member and Treasurer of the WCMES. He attends Southside Church of Christ where he is Treasurer. Commissioner Westbrook graduated from The University of Tennessee at Martin in 1963 with a bachelor's degree in business administration. He is also a Certified Public Accountant, Certified Government Financial Manager and Certified Internal Auditor. Commissioner Westbrook and his wife Donna reside at 628 Edgewood Circle in Dresden. They are the parents of two daughters, Stacey Stoker and Angie Hewett, and one son Jamie. They have five grandchildren.

## Questions and Answers

If any employee has questions they would like addressed in future newsletters, please forward them to [franciscos@k12tn.net](mailto:franciscos@k12tn.net)

**Q:** How and when will I find out more about the insurance changes?

**A:** You will receive communication regarding program changes through the summer, leading up to the Annual Enrollment Transfer Period in the fall. Please be sure to look for our mail with the ParTners for Health logo.

**Q:** Are dental benefits changing, too?

**A:** The contracts for dental benefits must be renewed every five years. We are currently in the process of procuring new contracts for these benefits. More information will be available this summer.

**Q:** Are mental and behavioral health benefits changing?

**A:** No. Mental health benefits will not change in 2011.

**Q:** Are changes to our benefit options legal?

**A:** Yes. The new benefit design complies with both state and federal law, including the new national health reform law. For reference, the Insurance Committees are empowered by statute (TCA 8-27-101 et seq.) to change the design of the plan and approve these kinds of policies.

**PARTNERS  
FOR HEALTH**